SET UP INSTRUCTION

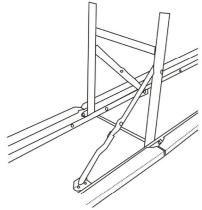
Step.1 Open the bench as shown.

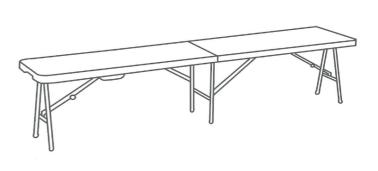
Step. 2 Lift the two stands to the upright position as shown.



Step.3 Keep two bars straight.







To fold away the bench, please follow the above steps in reverse

Caution:

Always handle the setting up and folding-away of the bench with great care!